

## 1,981 PEOPLE WITH LONG-TERM CONDITIONS RESPONDED TO THE SURVEY EITHER ONLINE OR FACE TO FACE

This is the fifteenth post-campaign wave of research. Interviews were carried out using Dynata panel with quotas set to ensure that the sample is broadly representative by region, age, gender and long-term condition.

	PRE- CAMPAI GN Summer 2019 (2 <sup>nd</sup> - 27 <sup>th</sup> August 2019)	Autumn 2019 (8th - 27th October 2019)	Spring 2020 (20th March - 7th April 2020)	Summer 2020 (15th July – 3rd August 2020)	Autumn 2020 (21 <sup>st</sup> Oct – 12 <sup>th</sup> Nov 2020)	<b>Spring 2021</b> (30 <sup>th</sup> Mar – 22 <sup>nd</sup> Apr 2021)	<b>Summer 2021</b> (3 <sup>rd</sup> – 20 <sup>th</sup> Aug 2021)	<b>Autumn 2021</b> (12 <sup>th</sup> Nov – 1 <sup>st</sup> Dec 2021)	<b>Spring 2022</b> (22 <sup>nd</sup> Mar – 12 <sup>th</sup> Apr 2022)	<b>Summer 2022</b> (15 <sup>th</sup> Aug – 02 <sup>nd</sup> Sep 2022)	Autumn 2022 (23 <sup>rd</sup> Oct – 14 <sup>th</sup> Nov 2022)	<b>Spring 2023</b> (27 <sup>th</sup> Mar – 18 <sup>th</sup> Apr 2023)	<b>Summer 2023</b> (23 <sup>rd</sup> Aug – 06 <sup>th</sup> Sep 2023)	Spring 2024* (27 <sup>th</sup> March – 3 <sup>rd</sup> May 2024)	<b>Summer 2024</b> (19 <sup>th</sup> Aug – 11 <sup>th</sup> Sep 2024)
Online	1,292	1,338	1,340	1,350	1,340	1,340	1,349	1,340	1,340	1,350	1,343	1,333	1,297	1,338	1,340
Face-to- face	710	642	-	-	-	-	668	658	698	665	665	658	687	-	641

The face-to-face interviews are aimed to collect data from more vulnerable, harder to reach and digitally excluded audiences. As such, the sample profile differs for online and face-to-face, with face-to-face more likely to be older and inactive.

\*This wave also includes a boost of 202 additional respondents from ethnic minority groups making the overall base size of the ethnic minority groups boost for analysis 396. The main sample excludes this boost.

## **SUMMER BURST PROMPT (EXAMPLES)**

TV



**SOCIAL MEDIA** 



**WEBSITE ADS** 



S.O.F.A



**VIDEO ON DEMAND** 



**YOUTUBE** 



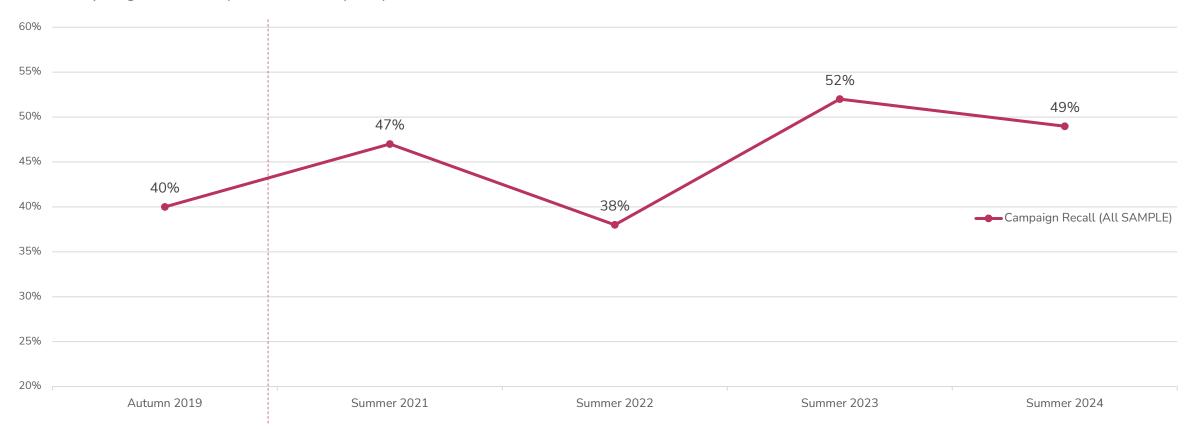


ROADSIDE POSTERS HOSPITAL ACTIVITY



### WAU ASSET RECALL HELD UP DESPITE LOWER SPEND

### Campaign recall (trend analysis)

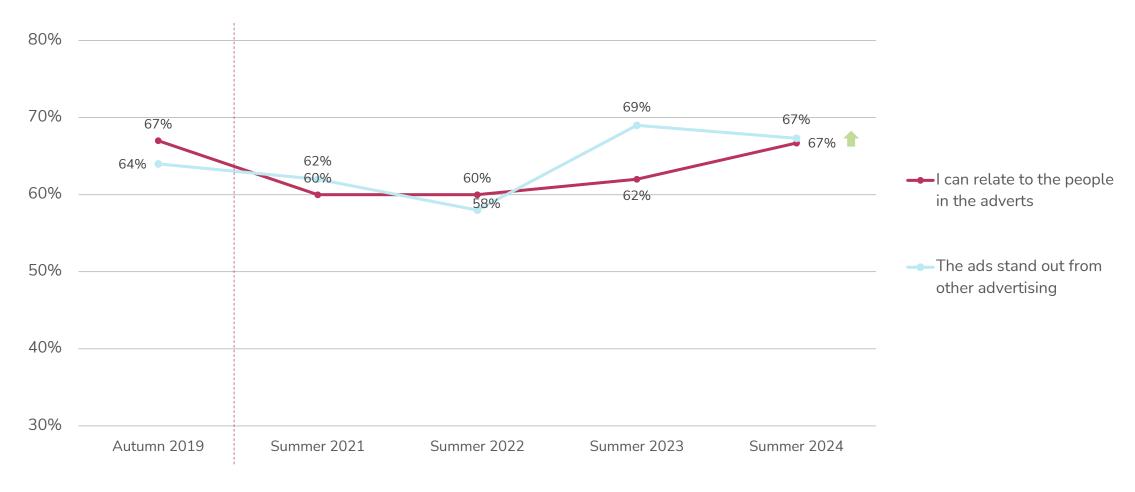


Source: DJS tracking research on behalf of We Are Undefeatable, Summer 2024.

Base: 1,981 with LTCs.

No statistically significant differences between Summer 2023 and Summer 2024

### **RELATABILITY HIGHEST FOR 3 YEARS**

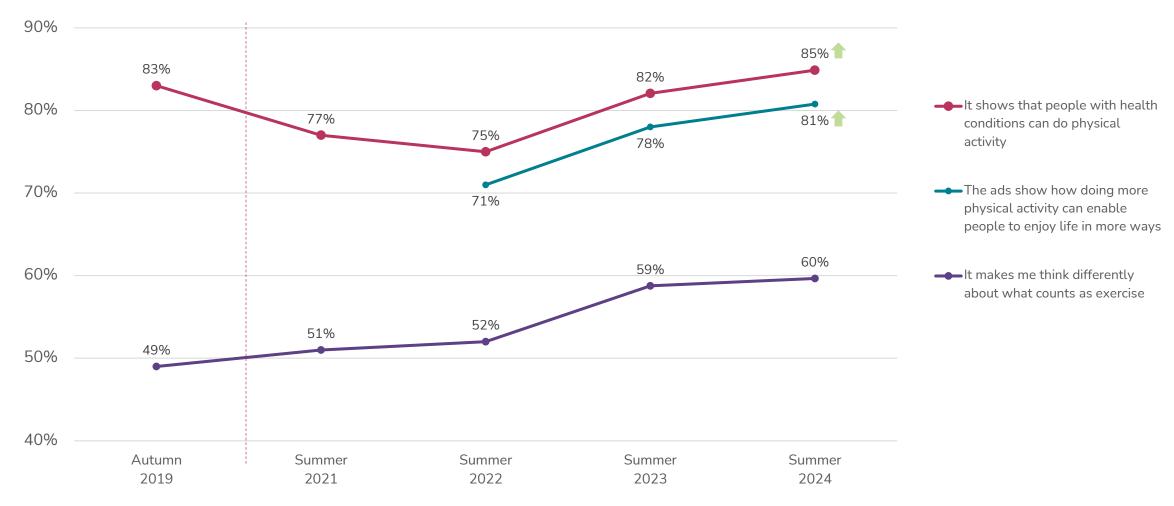


Source: DJS tracking research on behalf of We Are Undefeatable, Summer 2024. Q36. Now, thinking of everything that you've seen or heard about the campaign 'We Are Undefeatable', please could you tell me how much you agree or disagree with each of the following statements?

Base: 1,981 with LTCs.



### AGREEMENT WITH CORE MESSAGES AT HIGHEST LEVELS SEEN



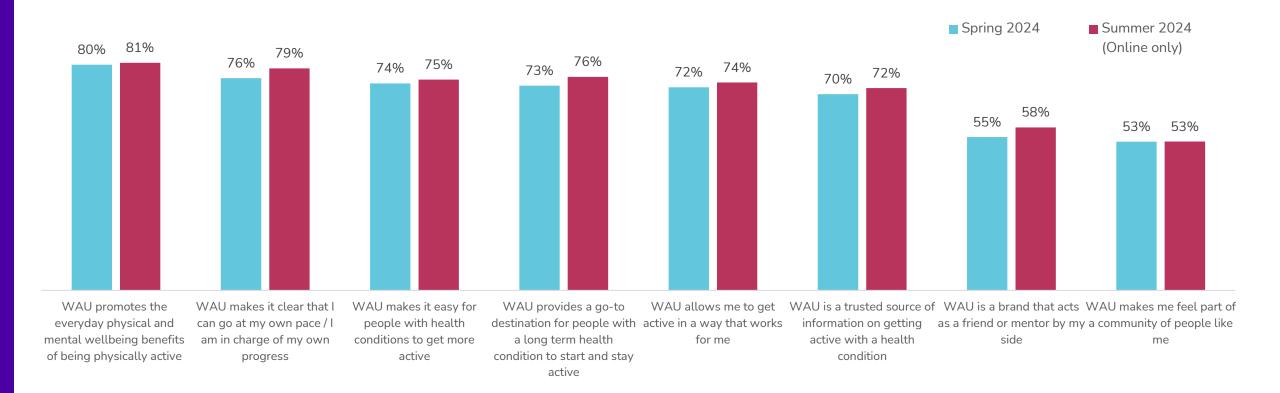
Source: DJS tracking research on behalf of We Are Undefeatable, Summer 2024. Q36. Now, thinking of everything that you've seen or heard about the campaign 'We Are Undefeatable', please could you tell me how much you agree or disagree with each of the following statements?

Base: 1,981 with LTCs.

Denotes statistical significance between Summer 2023 and Summer 2024

## DIRECTIONAL IMPROVEMENT IN GENERAL BRAND PERCEPTIONS BUT SCOPE TO IMPROVE SENSE OF TOGETHERNESS

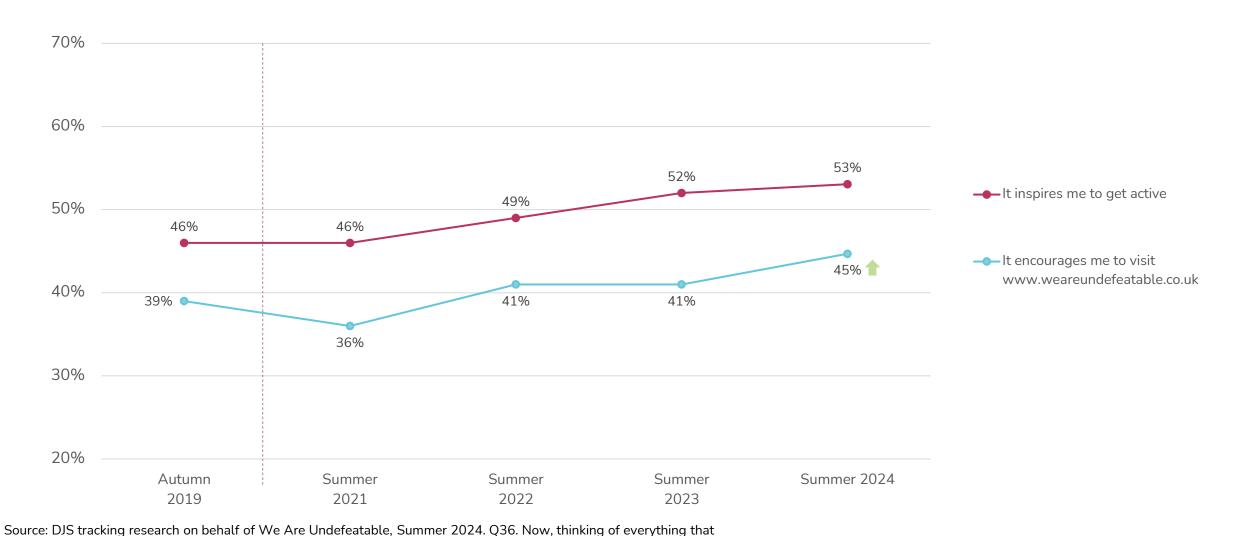
Perception of WAU: Net Agree (online only sample)



Source: DJS tracking research on behalf of We Are Undefeatable, Summer 2024. Q43. Please could you state how much you agree or disagree with each of the following statements regarding We Are Undefeatable? Base: 1,340 with LTCs (online only sample).

### **CAMPAIGN INSPIRATION AT AN ALL-TIME HIGH**

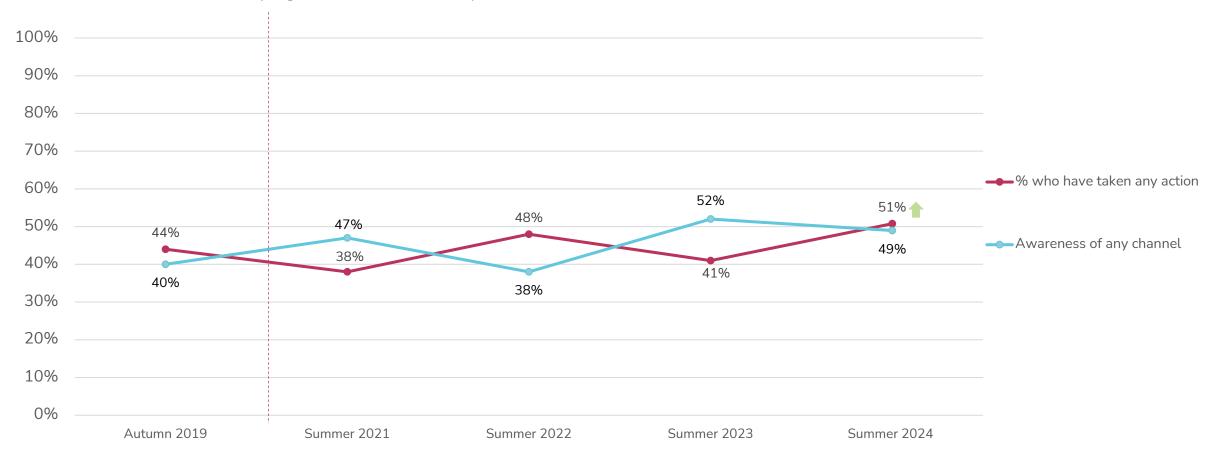
you've seen or heard about the campaign 'We Are Undefeatable', please could you tell me how much you agree or



disagree with each of the following statements? Base: 1,981 with LTCs.

## HALF OF WAU RECALLERS TOOK AN ACTION – HIGHEST FOR A SUMMER BURST

% of those aware of the campaign who have taken any action



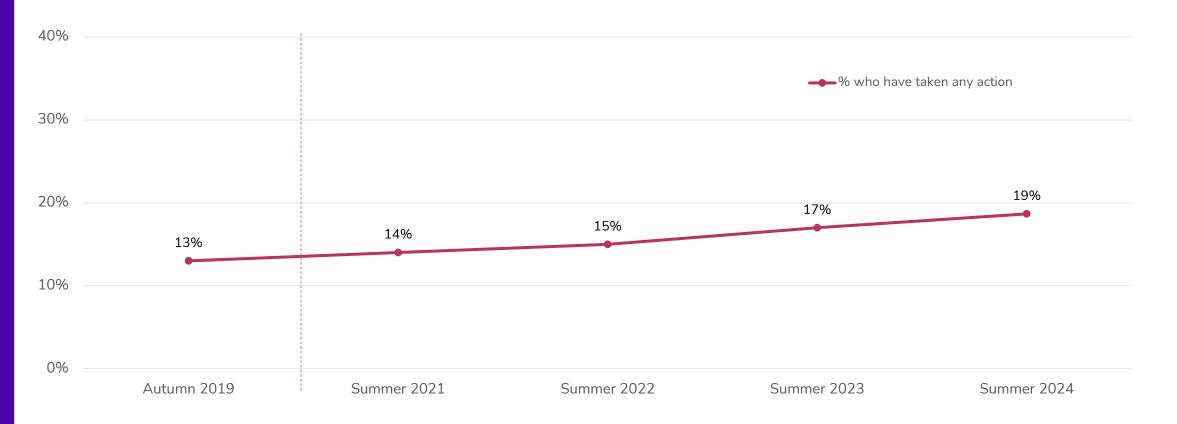
Source: DJS tracking research on behalf of We Are Undefeatable, Summer 2024. Q32. As a result of seeing the campaign, have you done any of the following?

Base: 783 aware of the campaign (before prompting with TV advert).



### ...TRANSLATING TO 1 IN 5 OF TOTAL TARGET AUDIENCE

% of <u>all respondents</u> who have taken any action

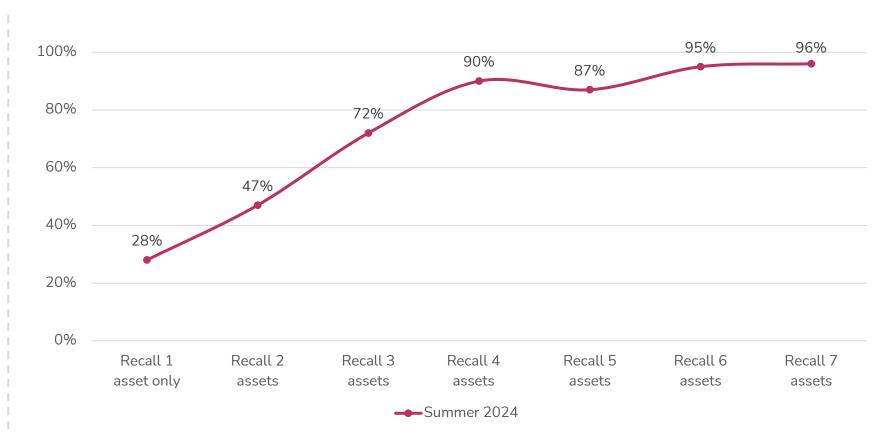


### **UP TO 4 ASSETS RECALLED = MORE LIKELIHOOD TO ACT**

Proportion of those aware of the campaign who have taken any action as a result



## Proportion who have taken any action by number of assets recalled DIMINISHING RETURNS ABOVE 4 ASSETS



Source: DJS tracking research on behalf of We Are Undefeatable, Summer 2024

Base: 717 aware of the campaign. Recall 1 asset only, n = 274, recall 2 assets, n=176, recall 3 assets, n=85, recall 4 assets, n=50, recall 5 assets, n= 45, recall 6 assets, n=28, recall 7 assets, n=31

## WAU CUTS THROUGH TO MOST AUDIENCES BUT IS LESS LIKELY TO INSPIRE ACTION AMONG OLDER AND INACTIVE PEOPLE, AND LSEG



## ETHNICALLY DIVERSE RESPONDENTS CONSISTENTLY RESPOND MORE POSITIVELY TOWARDS THE CAMPAIGN

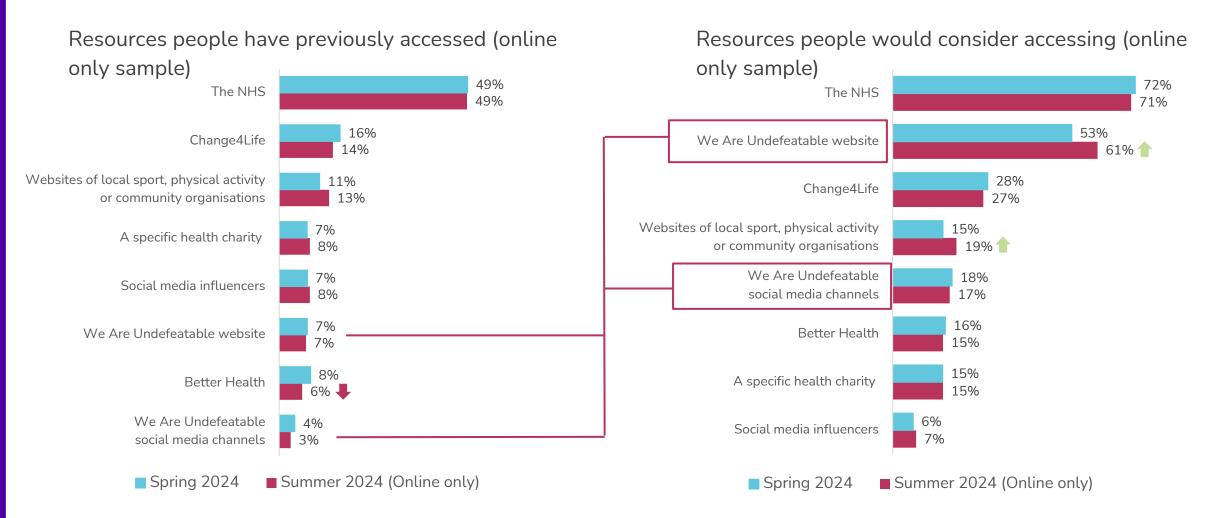


A higher proportion of people from ethnically diverse backgrounds are younger within our sample. This difference in age profile could mean people from ethnically diverse backgrounds are more likely to take an action.

Below is a breakdown of age groups by ethnicity:

- 18-34: 13% vs 31%\*\* (white vs ethnically diverse backgrounds, respectively)
- 35-54: 31% vs 32% (white vs ethnically diverse backgrounds, respectively)
- 55+: 56%\*\* vs 38% (white vs ethnically diverse backgrounds, respectively)
- \*\* Significantly higher than comparator group

# CONSIDERATION OF WAU WEBSITE AS A RESOURCE HAS IMPROVED, BUT NEED TO CONVERT MORE OF THIS INTO USAGE



Spring 2024 and Summer 2024 (online only)

Source: DJS tracking research on behalf of We Are Undefeatable, Summer 2024. Q41. Which, if any, of the following organisations or movements would you consider accessing online for information about physical activity? Q42. Which, if any, of the following organisations or movements have you ever used to access information about physical activity online?

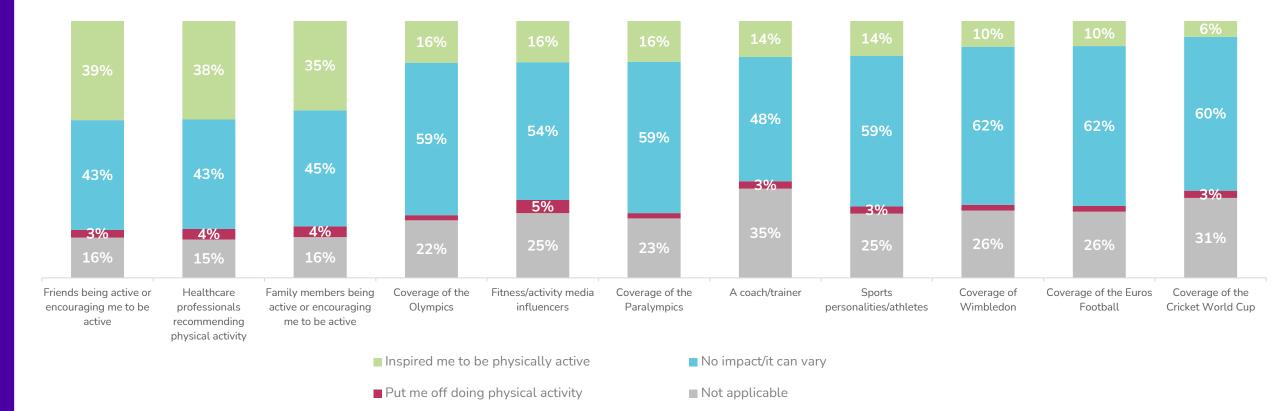
Denotes statistical significance between

Base: 1,340 with LTCs (online only sample).

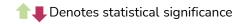
14

# INSPIRATION TO BE ACTIVE IS MUCH MORE LIKELY TO COME FROM FRIENDS, FAMILY AND HCPS, THAN ANY SPORTS COVERAGE

Factors motivating/de-motivating people to do physical activity



Source: DJS tracking research on behalf of We Are Undefeatable, Summer 2024. Q19j. To what extent, if any, have the following ever inspired you or put you off from doing physical activity yourself? Base: Summer 2024: 1,981 with LTCs. Percentages < 3% not shown on chart.



## MORE FEEL THEY HAVE 'A BIT MORE' DISPOSABLE INCOME THAN A YEAR AGO – BUT ECONOMICS REMAIN CHALLENGING

How much disposable income do people have compared to a year ago?

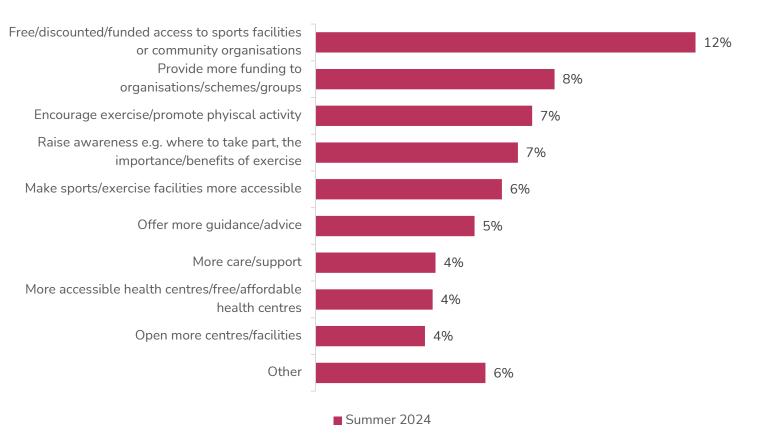


Source: DJS tracking research on behalf of We Are Undefeatable, Summer 2024. C10. How much disposable income would you say that you have now compared to a year ago? (Your disposable income is the amount of income that is left after paying taxes and making essential purchases).

16

## PEOPLE FEEL THE GOVERNMENT COULD SUPPORT THEIR PA BY REDUCING COST OF ACCESS AND FUNDING ORGANISATIONS

What could the new Labour Government be doing to support people with LTCs? (Don't knows not shown in chart)



"Preserve and promote the leisure centres and make them more accessible to the elderly and to people with long term conditions."

"Firstly, making people aware of the benefits of physical activity and secondly funding local institutions which encourage people to exercise."

"Fund organisations that support this."

"Making inclusive classes accessible and increasing awareness through campaigns."

"The government should fund and give resources and equally integrate it into healthcare."

Source: DJS tracking research on behalf of We Are Undefeatable, Summer 2024. Q46. What, if anything, do you think the new Labour government should be doing to support people with long-term health conditions to be active? Base: 1,981 with LTCs. Percentages < 3% not shown on chart.

### **KEY POINTS**

- 1. Despite a reduction in campaign spend, recall of the campaigns main assets are broadly in line with the long-term trend
- 2. Campaign reaction is strong, and agreement with the core messages continues to grow
- Campaign impact is also high, with action taken growing yearon-year and now at its highest point
- 4. Most notably, action taken is highest among those who are aware of more than one asset; social media channels are a key channel for encouraging the target audience
- 5. Results suggests the campaign is not as effective in encouraging those who are older and already inactive to become more active





### REMINDER: GREAT RESOURCE FOR DIGGING INTO SPECIFIC AUDIENCES



#### **BOOKMARK THE BIG TALK DASHBOARD:**

https://insight-angels.datatile.eu/view/d45c0728-36bc-4f50-af38-374dbca5b037

What are the barriers to physical activity for people with a heart condition?

What do the responses look like for my region?

Which resources are of most interest to senior decision makers in healthcare?

I want to see verbatims from people living with cancer

